

Affordable, accessible mental healthcare

Rula can help you find an in-network provider and schedule your first appointment in minutes. Rula will always verify your coverage and tell you what to expect cost-wise before your first appointment – no surprises.

The right match, without the wait:

21,000+ licensed providers
with diverse backgrounds
and specialties

98% of patients find a
provider that meets their
unique preferences

170+ clinical specialties
and modalities offered

93% report feeling better
about their symptoms after
receiving care through Rula

How to get started:

- Visit rula.com/articlestudentliving
- Share your unique preferences
- Explore your provider matches
- Schedule your first appointment
as soon as the next day

Scan the code to find a
provider today!

